



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Good As Gold 365g (30 Servings)
Batch / Lot No.	G24365001
Item Number:	10140 (1270)
Total Serving:	20
Serving Size:	12g
Label Version	1270-L01-21
Manufacture Date	12/30/2024
Expiration Date	12/29/2026
Review Date	01/31/2025
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Gerry Wong

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSVO):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 10 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	25-028187-001
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	25-028187-001
Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	25-028187-001

Mercury, Total	NMT 3.3 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	25-028187-001
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Microbial

Parameter	Specification	Result	Method	Reference**
Total Plate Count	NMT 100,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1872170
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1872170
Total Coliforms Count	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1872170
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1872170
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1872170
Salmonella	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1872170

Solvents

Solvent Residue	Specification	Result	Method	Reference**
Class 1 - 1,1,1-Trichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 1 - 1,1-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 1 - 1,2-Dichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 1 - Benzene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 1 - Carbon Tetrachloride	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - 1,2-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - 1,2-Dimethoxyethane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - 1,4-Dioxane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Acetonitrile	NMT 50 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Chlorobenzene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Chloroform	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Cyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Hexane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) -	NMT 50 ppm	Not Detected	USP <467>	P9146293

Methanol				
Class 2 (Mix A & B) - Methylbutylketone	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Methylcyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Methylene Chloride	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Nitromethane	NMT 50 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Pyridine	NMT 200 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Tetrahydrofuran	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Tetralin	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Toluene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Trichloroethylene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 2 (Mix A & B) - Xylene	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 3 - Ethanol	NMT 5,000 ppm	Not Detected	USP <467>	P9146293
Class 3 - Acetone	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 3 - Isopropanol	NMT 1 ppm	Not Detected	USP <467>	P9146293
Class 3 - Ethyl acetate	NMT 1 ppm	Not Detected	USP <467>	P9146293

Pesticide Screen

Pesticide	Specification	Result	Method	Reference**
Acephate	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Aldrin and dieldrin (sum of)	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Azinphos-ethyl	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Azinphos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9146293
Bromide, inorganic (calculated as bromide ion)	NMT 125 ppm	Not Detected	USP <561>	P9146293
Bromophos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Bromophos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9146293
Bromopropylate	NMT 3 ppm	Not Detected	USP <561>	P9146293
Chlordane (sum of cis-, trans-, and oxychlordane)	NMT 0.05 ppm	Not Detected	USP <561>	P9146293

Chlorfenvinphos	NMT 0.5 ppm	Not Detected	USP <561>	P9146293
Chlorpyriphos-ethyl	NMT 0.2 ppm	Not Detected	USP <561>	P9146293
Chlorpyriphos-methyl	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Chlorthal-dimethyl	NMT 0.01 ppm	Not Detected	USP <561>	P9146293
Cyfluthrin (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
λ-Cyhalothrin	NMT 1 ppm	Not Detected	USP <561>	P9146293
Cypermethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9146293
DDT (sum of o,p'-DDE, p,p'-DDE, o,p'-DDT, p,p'-DDT, o,p'-TDE, and p,p'-TDE)	NMT 1 ppm	Not Detected	USP <561>	P9146293
Deltamethrin	NMT 0.5 ppm	Not Detected	USP <561>	P9146293
Diazinon	NMT 0.5 ppm	Not Detected	USP <561>	P9146293
Dichlofluanid	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Dichlorvos	NMT 1 ppm	Not Detected	USP <561>	P9146293
Dicofol	NMT 0.5 ppm	Not Detected	USP <561>	P9146293
Dimethoate and omethoate (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Dithiocarbamates (expressed as CS ₂)	NMT 2 ppm	Not Detected	USP <561>	P9146293
Endosulfan (sum of isomers and endosulfan sulphate)	NMT 3 ppm	Not Detected	USP <561>	P9146293
Endrin	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Ethion	NMT 2 ppm	Not Detected	USP <561>	P9146293
Etrimphos	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon)	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Fenitrothion	NMT 0.5 ppm	Not Detected	USP <561>	P9146293
Fenpropathrin	NMT 0.03 ppm	Not Detected	USP <561>	P9146293
Fensulfothion (sum of fensulfothion, oxon, sulfone, and oxon sulfone)	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Fenthion (sum of fenthion and metabolites)	NMT 0.05 ppm	Not Detected	USP <561>	P9146293

Fenvalerate	NMT 1.5 ppm	Not Detected	USP <561>	P9146293
Flucythrinate	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
γ -Fluvalinate	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Fonophos	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Heptachlor (sum of heptachlor, cis- and trans-heptachlorepoxyde)	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Hexachlorbenzene	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Hexachlorocyclohexane (sum of α , β , γ , δ isomers)	NMT 0.3 ppm	Not Detected	USP <561>	P9146293
Lindane (γ -hexachlorocyclohexane)	NMT 0.6 ppm	Not Detected	USP <561>	P9146293
Malathion and malaoxon (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9146293
Mecarbam	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Methacriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Methamidophos	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Methidathion	NMT 0.2 ppm	Not Detected	USP <561>	P9146293
Methoxychlor	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Mirex	NMT 0.01 ppm	Not Detected	USP <561>	P9146293
Monocrotophos	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Parathion-ethyl and paraoxon-ethyl (sum of)	NMT 0.5 ppm	Not Detected	USP <561>	P9146293
Parathion-methyl and paraoxon-methyl (sum of)	NMT 0.2 ppm	Not Detected	USP <561>	P9146293
Pendimethalin	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Pentachloranisole	NMT 0.01 ppm	Not Detected	USP <561>	P9146293
Permethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9146293
Phosalone	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Phosmet	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Piperonyl butoxide	NMT 0.3 ppm	Not Detected	USP <561>	P9146293
Pirimiphos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Pirimiphos-methyl (sum of pirimiphos-methyl and N-desethyl-pirimiphos-methyl)	NMT 4 ppm	Not Detected	USP <561>	P9146293
Procymidone	NMT 0.1 ppm	Not Detected	USP <561>	P9146293

Profenophos	NMT 0.1 ppm	Not Detected	USP <561>	P9146293
Prothiophos	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Pyrethrum (sum of cinerin I/II, jasmolin I/II, pyrethrin I/II)	NMT 3 ppm	Not Detected	USP <561>	P9146293
Quinalphos	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Quintozene (sum of quintozone, pentachloraniline, methyl pentachlorophenyl sulfide)	NMT 1 ppm	Not Detected	USP <561>	P9146293
S-421	NMT 0.02 ppm	Not Detected	USP <561>	P9146293
Tecnazene	NMT 0.05 ppm	Not Detected	USP <561>	P9146293
Tetradifon	NMT 0.3 ppm	Not Detected	USP <561>	P9146293
Vinclozolin	NMT 0.4 ppm	Not Detected	USP <561>	P9146293

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Calories*	Not More Than 72 per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Total Fat*	Not More Than 3.0g per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Total Saturated Fat*	Not More Than 3.0g per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Total Carbohydrate*	Not Less Than 6.4g per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Total Dietary Fiber*	Not Less Than 0.5g per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Total Sugars*	Not More Than 7.2g per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Potassium*	Not Less Than 64mg per serving	Meets Specification	AOAC, USP, or equivalent	P9146293

Calcium*	Not Less Than 11.2mg per serving	Meets Specification	AOAC, USP, or equivalent	P9146293
Iron*	Not Less Than 0.8mg per serving	Meets Specification	AOAC, USP, or equivalent	P9146293

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	P9146293
Crustacean Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146293
Egg Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146293
Fish Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146293
Milk Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146293
Peanut Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146293
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9146293
Sesame*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9146293

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

Transparency

Inspired by third-party voluntary programs across all five countries:

- We self-publish batch-specific lab test results for all products.
- We partner with leading third-party laboratories and verification providers.
- Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
Certified, FSNS	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated methods	See above references



Testing conducted in accordance with Ora's 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

ORA-MAG-T-30P-001 All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-10140W-002
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025