



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Hormonious Capsules 90ct (30 servings)
Batch / Lot No.	M25157003
Item Number:	10167 (1815)
Total Serving:	30
Serving Size:	3 capsules
Label Version	1815-L01-21
Manufacture Date	01/02/2025
Expiration Date	01/01/2027
Review Date	02/19/2025
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Gerry Wong

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSVO):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 10 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-726842-002
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-726842-002
Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-726842-002

Mercury, Total	NMT 3.3 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-726842-002
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Microbial

Parameter	Specification	Result	Method	Reference**
Total Plate Count	NMT 100,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1867108
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1867108
Total Coliforms Count	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1867108
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1867108
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1867108
Salmonella	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1867108

Solvents

Solvent Residue	Specification	Result	Method	Reference**
Class 1 - 1,1,1-Trichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 1 - 1,1-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 1 - 1,2-Dichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 1 - Benzene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 1 - Carbon Tetrachloride	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - 1,2-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - 1,2-Dimethoxyethane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - 1,4-Dioxane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Acetonitrile	NMT 50 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Chlorobenzene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Chloroform	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Cyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Hexane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) -	NMT 50 ppm	Not Detected	USP <467>	P9145813

Methanol				
Class 2 (Mix A & B) - Methylbutylketone	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Methylcyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Methylene Chloride	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Nitromethane	NMT 50 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Pyridine	NMT 200 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Tetrahydrofuran	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Tetralin	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Toluene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Trichloroethylene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 2 (Mix A & B) - Xylene	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 3 - Ethanol	NMT 5,000 ppm	Not Detected	USP <467>	P9145813
Class 3 - Acetone	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 3 - Isopropanol	NMT 1 ppm	Not Detected	USP <467>	P9145813
Class 3 - Ethyl acetate	NMT 1 ppm	Not Detected	USP <467>	P9145813

Pesticide Screen

Pesticide	Specification	Result	Method	Reference**
Acephate	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Aldrin and dieldrin (sum of)	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Azinphos-ethyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Azinphos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145813
Bromide, inorganic (calculated as bromide ion)	NMT 125 ppm	Not Detected	USP <561>	P9145813
Bromophos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Bromophos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145813
Bromopropylate	NMT 3 ppm	Not Detected	USP <561>	P9145813
Chlordane (sum of cis-, trans-, and oxychlordane)	NMT 0.05 ppm	Not Detected	USP <561>	P9145813

Chlorfenvinphos	NMT 0.5 ppm	Not Detected	USP <561>	P9145813
Chlorpyriphos-ethyl	NMT 0.2 ppm	Not Detected	USP <561>	P9145813
Chlorpyriphos-methyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Chlorthal-dimethyl	NMT 0.01 ppm	Not Detected	USP <561>	P9145813
Cyfluthrin (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
λ-Cyhalothrin	NMT 1 ppm	Not Detected	USP <561>	P9145813
Cypermethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145813
DDT (sum of o,p'-DDE, p,p'-DDE, o,p'-DDT, p,p'-DDT, o,p'-TDE, and p,p'-TDE)	NMT 1 ppm	Not Detected	USP <561>	P9145813
Deltamethrin	NMT 0.5 ppm	Not Detected	USP <561>	P9145813
Diazinon	NMT 0.5 ppm	Not Detected	USP <561>	P9145813
Dichlofluanid	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Dichlorvos	NMT 1 ppm	Not Detected	USP <561>	P9145813
Dicofol	NMT 0.5 ppm	Not Detected	USP <561>	P9145813
Dimethoate and omethoate (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Dithiocarbamates (expressed as CS ₂)	NMT 2 ppm	Not Detected	USP <561>	P9145813
Endosulfan (sum of isomers and endosulfan sulphate)	NMT 3 ppm	Not Detected	USP <561>	P9145813
Endrin	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Ethion	NMT 2 ppm	Not Detected	USP <561>	P9145813
Etrimphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon)	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Fenitrothion	NMT 0.5 ppm	Not Detected	USP <561>	P9145813
Fenpropathrin	NMT 0.03 ppm	Not Detected	USP <561>	P9145813
Fensulfothion (sum of fensulfothion, oxon, sulfone, and oxon sulfone)	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Fenthion (sum of fenthion and metabolites)	NMT 0.05 ppm	Not Detected	USP <561>	P9145813

Fenvalerate	NMT 1.5 ppm	Not Detected	USP <561>	P9145813
Flucythrinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
γ -Fluvalinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Fonophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Heptachlor (sum of heptachlor, cis- and trans-heptachlorepoxyde)	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Hexachlorbenzene	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Hexachlorocyclohexane (sum of α , β , γ , δ isomers)	NMT 0.3 ppm	Not Detected	USP <561>	P9145813
Lindane (γ -hexachlorocyclohexane)	NMT 0.6 ppm	Not Detected	USP <561>	P9145813
Malathion and malaoxon (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145813
Mecarbam	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Methacriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Methamidophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Methidathion	NMT 0.2 ppm	Not Detected	USP <561>	P9145813
Methoxychlor	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Mirex	NMT 0.01 ppm	Not Detected	USP <561>	P9145813
Monocrotophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Parathion-ethyl and paraoxon-ethyl (sum of)	NMT 0.5 ppm	Not Detected	USP <561>	P9145813
Parathion-methyl and paraoxon-methyl (sum of)	NMT 0.2 ppm	Not Detected	USP <561>	P9145813
Pendimethalin	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Pentachloranisole	NMT 0.01 ppm	Not Detected	USP <561>	P9145813
Permethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145813
Phosalone	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Phosmet	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Piperonyl butoxide	NMT 0.3 ppm	Not Detected	USP <561>	P9145813
Pirimiphos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Pirimiphos-methyl (sum of pirimiphos-methyl and N-desethyl-pirimiphos-methyl)	NMT 4 ppm	Not Detected	USP <561>	P9145813
Procymidone	NMT 0.1 ppm	Not Detected	USP <561>	P9145813

Profenophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145813
Prothiophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Pyrethrum (sum of cinerin I/II, jasmolin I/II, pyrethrin I/II)	NMT 3 ppm	Not Detected	USP <561>	P9145813
Quinalphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Quintozone (sum of quintozone, pentachloraniline, methyl pentachlorophenyl sulfide)	NMT 1 ppm	Not Detected	USP <561>	P9145813
S-421	NMT 0.02 ppm	Not Detected	USP <561>	P9145813
Tecnazene	NMT 0.05 ppm	Not Detected	USP <561>	P9145813
Tetradifon	NMT 0.3 ppm	Not Detected	USP <561>	P9145813
Vinclozolin	NMT 0.4 ppm	Not Detected	USP <561>	P9145813

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf-Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Vitamin C	Not Less Than 90mg per serving	Meets Specification	AOAC or equivalent	P9145813

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	P9145813
Crustacean Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145813
Egg Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145813
Fish Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145813
Milk Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145813
Peanut Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145813
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9145813
Sesame*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9145813

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

† Analysis performed on rotating schedule.

Transparency

Inspired by third-party voluntary programs across all five countries:

- We self-publish batch-specific lab test results for all products.
- We partner with leading third-party laboratories and verification providers.
- Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
Certified Labs, Intertek, FSNS	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated methods	See above references



Testing conducted in accordance with Ora's 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-10167W-002
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025