



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Stress Release 60ct (30 servings)
Batch / Lot No.	S24325001
Item Number:	MOOD-30C
Total Serving:	30
Serving Size:	2 capsules
Label Version	MOOD-30C-L01-24
Manufacture Date	11/20/2024
Expiration Date	11/19/2026
Review Date	12/07/2025
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Gerry Wong

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSVO):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 10 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-465918-004
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-465918-004
Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-465918-004

Mercury, Total	NMT 3.3 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	24-465918-004
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Microbial

Parameter	Specification	Result	Method	Reference**
Total Plate Count	NMT 100,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1814033
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1814033
Total Coliforms Count	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	1814033
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1814033
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1814033
Salmonella	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	1814033

Solvents

Solvent Residue	Specification	Result	Method	Reference**
Class 1 - 1,1,1-Trichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 1 - 1,1-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 1 - 1,2-Dichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 1 - Benzene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 1 - Carbon Tetrachloride	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - 1,2-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - 1,2-Dimethoxyethane	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - 1,4-Dioxane	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Acetonitrile	NMT 50 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Chlorobenzene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Chloroform	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Cyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) -	NMT 1 ppm	Not Detected	USP <467>	P9145941

Hexane				
Class 2 (Mix A & B) - Methanol	NMT 50 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Methylbutylketone	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Methylcyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Methylene Chloride	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Nitromethane	NMT 50 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Pyridine	NMT 200 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Tetrahydrofuran	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Tetralin	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Toluene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Trichloroethylene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 2 (Mix A & B) - Xylene	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 3 - Ethanol	NMT 5,000 ppm	Not Detected	USP <467>	P9145941
Class 3 - Acetone	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 3 - Isopropanol	NMT 1 ppm	Not Detected	USP <467>	P9145941
Class 3 - Ethyl acetate	NMT 1 ppm	Not Detected	USP <467>	P9145941

Pesticide Screen

Pesticide	Specification	Result	Method	Reference**
Acephate	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Aldrin and dieldrin (sum of)	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Azinphos-ethyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Azinphos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145941
Bromide, inorganic (calculated as bromide ion)	NMT 125 ppm	Not Detected	USP <561>	P9145941
Bromophos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Bromophos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145941
Bromopropylate	NMT 3 ppm	Not Detected	USP <561>	P9145941

Chlordane (sum of cis-, trans-, and oxychlordane)	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Chlorfenvinphos	NMT 0.5 ppm	Not Detected	USP <561>	P9145941
Chlorpyrifos-ethyl	NMT 0.2 ppm	Not Detected	USP <561>	P9145941
Chlorpyrifos-methyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Chlorthal-dimethyl	NMT 0.01 ppm	Not Detected	USP <561>	P9145941
Cyfluthrin (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
λ-Cyhalothrin	NMT 1 ppm	Not Detected	USP <561>	P9145941
Cypermethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145941
DDT (sum of o,p'-DDE, p,p'-DDE, o,p'-DDT, p,p'-DDT, o,p'-TDE, and p,p'-TDE)	NMT 1 ppm	Not Detected	USP <561>	P9145941
Deltamethrin	NMT 0.5 ppm	Not Detected	USP <561>	P9145941
Diazinon	NMT 0.5 ppm	Not Detected	USP <561>	P9145941
Dichlofluanid	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Dichlorvos	NMT 1 ppm	Not Detected	USP <561>	P9145941
Dicofol	NMT 0.5 ppm	Not Detected	USP <561>	P9145941
Dimethoate and omethoate (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Dithiocarbamates (expressed as CS ₂)	NMT 2 ppm	Not Detected	USP <561>	P9145941
Endosulfan (sum of isomers and endosulfan sulphate)	NMT 3 ppm	Not Detected	USP <561>	P9145941
Endrin	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Ethion	NMT 2 ppm	Not Detected	USP <561>	P9145941
Etrinfos	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon)	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Fenitrothion	NMT 0.5 ppm	Not Detected	USP <561>	P9145941
Fenpropathrin	NMT 0.03 ppm	Not Detected	USP <561>	P9145941
Fensulfothion (sum of fensulfothion, oxon, sulfone, and oxon sulfone)	NMT 0.05 ppm	Not Detected	USP <561>	P9145941

Fenthion (sum of fenthion and metabolites)	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Fenvalerate	NMT 1.5 ppm	Not Detected	USP <561>	P9145941
Flucythrinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
γ -Fluvalinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Fonophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Heptachlor (sum of heptachlor, cis- and trans-heptachlorepoxyde)	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Hexachlorbenzene	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Hexachlorocyclohexane (sum of α , β , γ , δ isomers)	NMT 0.3 ppm	Not Detected	USP <561>	P9145941
Lindane (γ -hexachlorocyclohexane)	NMT 0.6 ppm	Not Detected	USP <561>	P9145941
Malathion and malaoxon (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145941
Mecarbam	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Methacriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Methamidophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Methidathion	NMT 0.2 ppm	Not Detected	USP <561>	P9145941
Methoxychlor	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Mirex	NMT 0.01 ppm	Not Detected	USP <561>	P9145941
Monocrotophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Parathion-ethyl and paraoxon-ethyl (sum of)	NMT 0.5 ppm	Not Detected	USP <561>	P9145941
Parathion-methyl and paraoxon-methyl (sum of)	NMT 0.2 ppm	Not Detected	USP <561>	P9145941
Pendimethalin	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Pentachloranisole	NMT 0.01 ppm	Not Detected	USP <561>	P9145941
Permethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145941
Phosalone	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Phosmet	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Piperonyl butoxide	NMT 0.3 ppm	Not Detected	USP <561>	P9145941
Pirimiphos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Pirimiphos-methyl (sum of pirimiphos-methyl and N-desethyl-pirimiphos-	NMT 4 ppm	Not Detected	USP <561>	P9145941

methyl)				
Procymidone	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Profenophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145941
Prothiophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Pyrethrum (sum of cinerin I/II, jasmolin I/II, pyrethrin I/II)	NMT 3 ppm	Not Detected	USP <561>	P9145941
Quinalphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Quintozone (sum of quintozone, pentachloraniline, methyl pentachlorophenyl sulfide)	NMT 1 ppm	Not Detected	USP <561>	P9145941
S-421	NMT 0.02 ppm	Not Detected	USP <561>	P9145941
Tecnazene	NMT 0.05 ppm	Not Detected	USP <561>	P9145941
Tetradifon	NMT 0.3 ppm	Not Detected	USP <561>	P9145941
Vinclozolin	NMT 0.4 ppm	Not Detected	USP <561>	P9145941

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf-Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Stress Release Formula in Capsules	Not Less Than 753mg per serving	Meets Specification	Formulation input verification	S24325001

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	P9145940
Crustacean Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145940
Egg Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145940
Fish Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145940
Milk Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145940
Peanut Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145940
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9145940
Sesame*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9145940

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

† Analysis performed on rotating schedule.

Transparency

Inspired by third-party voluntary programs across all five countries:

- We self-publish batch-specific lab test results for all products.
- We partner with leading third-party laboratories and verification providers.
- Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
Certified Labs, FSNS	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated methods	See above references



Testing conducted in accordance with Ora's 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-MOOD-30C-001
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025