



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Modern Multi Capsules 60ct (30 Servings)
Batch / Lot No.	M26203003
Item Number:	10322
Total Serving:	30
Serving Size:	2 Capsules
Label Version	10322-L01-25
Manufacture Date	07/22/2026
Best if used by Date	07/21/2028
Review Date	08/13/2026
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Takeshi Cruz

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSVO):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 10 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Mercury, Total	NMT 3.3 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775

Microbial

Parameter	Specification	Result	Method	Reference**
Total Plate Count	NMT 100,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Total Coliforms Count	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775
Salmonella	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149775

Solvents

Solvent Residue	Specification	Result	Method	Reference**
Class 1 - 1,1,1-Trichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 1 - 1,1-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 1 - 1,2-Dichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 1 - Benzene	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 1 - Carbon Tetrachloride	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - 1,2-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - 1,2-Dimethoxyethane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - 1,4-Dioxane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Acetonitrile	NMT 50 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Chlorobenzene	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Chloroform	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Cyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Hexane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Methanol	NMT 50 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Methylbutylketone	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Methylcyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Methylene Chloride	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Nitromethane	NMT 50 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Pyridine	NMT 200 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Tetrahydrofuran	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Tetralin	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Toluene	NMT 1 ppm	Not Detected	USP <467>	P9145601

Class 2 (Mix A & B) - Trichloroethylene	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 2 (Mix A & B) - Xylene	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 3 - Ethanol	NMT 5,000 ppm	Not Detected	USP <467>	P9145601
Class 3 - Acetone	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 3 - Isopropanol	NMT 1 ppm	Not Detected	USP <467>	P9145601
Class 3 - Ethyl acetate	NMT 1 ppm	Not Detected	USP <467>	P9145601

Pesticide Screen

Pesticide	Specification	Result	Method	Reference**
Acephate	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Aldrin and dieldrin (sum of)	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Azinphos-ethyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Azinphos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145601
Bromide, inorganic (calculated as bromide ion)	NMT 125 ppm	Not Detected	USP <561>	P9145601
Bromophos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Bromophos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145601
Bromopropylate	NMT 3 ppm	Not Detected	USP <561>	P9145601
Chlordane (sum of cis-, trans-, and oxychlordane)	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Chlorfenvinphos	NMT 0.5 ppm	Not Detected	USP <561>	P9145601
Chlorpyrifos-ethyl	NMT 0.2 ppm	Not Detected	USP <561>	P9145601
Chlorpyrifos-methyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Chlorthal-dimethyl	NMT 0.01 ppm	Not Detected	USP <561>	P9145601
Cyfluthrin (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
λ-Cyhalothrin	NMT 1 ppm	Not Detected	USP <561>	P9145601
Cypermethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145601
DDT (sum of o,p'-DDE, p,p'-DDE, o,p'-DDT, p,p'-DDT, o,p'-TDE, and p,p'-TDE)	NMT 1 ppm	Not Detected	USP <561>	P9145601
Deltamethrin	NMT 0.5 ppm	Not Detected	USP <561>	P9145601
Diazinon	NMT 0.5 ppm	Not Detected	USP <561>	P9145601
Dichlofluanid	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Dichlorvos	NMT 1 ppm	Not Detected	USP <561>	P9145601
Dicofol	NMT 0.5 ppm	Not Detected	USP <561>	P9145601
Dimethoate and omethoate (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Dithiocarbamates (expressed as CS ₂)	NMT 2 ppm	Not Detected	USP <561>	P9145601

Endosulfan (sum of isomers and endosulfan sulphate)	NMT 3 ppm	Not Detected	USP <561>	P9145601
Endrin	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Ethion	NMT 2 ppm	Not Detected	USP <561>	P9145601
Etriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon)	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Fenitrothion	NMT 0.5 ppm	Not Detected	USP <561>	P9145601
Fenpropathrin	NMT 0.03 ppm	Not Detected	USP <561>	P9145601
Fensulfothion (sum of fensulfothion, oxon, sulfone, and oxon sulfone)	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Fenthion (sum of fenthion and metabolites)	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Fenvalerate	NMT 1.5 ppm	Not Detected	USP <561>	P9145601
Flucythrinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
γ -Fluvalinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Fonophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Heptachlor (sum of heptachlor, cis- and trans-heptachlorepoxyde)	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Hexachlorbenzene	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Hexachlorocyclohexane (sum of α , β , γ , δ isomers)	NMT 0.3 ppm	Not Detected	USP <561>	P9145601
Lindane (γ -hexachlorocyclohexane)	NMT 0.6 ppm	Not Detected	USP <561>	P9145601
Malathion and malaoxon (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145601
Mecarbam	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Methacriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Methamidophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Methidathion	NMT 0.2 ppm	Not Detected	USP <561>	P9145601
Methoxychlor	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Mirex	NMT 0.01 ppm	Not Detected	USP <561>	P9145601
Monocrotophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Parathion-ethyl and paraoxon-ethyl (sum of)	NMT 0.5 ppm	Not Detected	USP <561>	P9145601

Parathion-methyl and paraoxon-methyl (sum of)	NMT 0.2 ppm	Not Detected	USP <561>	P9145601
Pendimethalin	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Pentachloranisole	NMT 0.01 ppm	Not Detected	USP <561>	P9145601
Permethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145601
Phosalone	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Phosmet	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Piperonyl butoxide	NMT 0.3 ppm	Not Detected	USP <561>	P9145601
Pirimiphos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Pirimiphos-methyl (sum of pirimiphos-methyl and N-desethyl-pirimiphos-methyl)	NMT 4 ppm	Not Detected	USP <561>	P9145601
Procymidone	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Profenophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145601
Prothiophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Pyrethrum (sum of cinerin I/II, jasmolin I/II, pyrethrin I/II)	NMT 3 ppm	Not Detected	USP <561>	P9145601
Quinalphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Quintozene (sum of quintozene, pentachloraniline, methyl pentachlorophenyl sulfide)	NMT 1 ppm	Not Detected	USP <561>	P9145601
S-421	NMT 0.02 ppm	Not Detected	USP <561>	P9145601
Tecnazene	NMT 0.05 ppm	Not Detected	USP <561>	P9145601
Tetradifon	NMT 0.3 ppm	Not Detected	USP <561>	P9145601
Vinclozolin	NMT 0.4 ppm	Not Detected	USP <561>	P9145601

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf-Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Vitamin A (beta carotene)†	Not Less Than 312 mcg RAE per serving	Meets Specification	AOAC or equivalent	P9145601
Vitamin C**	Not Less Than 10 mg per serving	Meets Specification	AOAC or equivalent	COA-2026-9149781
Vitamin D3†	Not Less Than 20 mcg per serving	Meets Specification	AOAC or equivalent	COA-2026-9149781
Vitamin E (d-alpha tocopherol)†	Not Less Than 5 mg per serving	Meets Specification	AOAC or equivalent	COA-2026-9149781
Vitamin K2 (MK-7)†	Not Less Than 60 mcg per serving	Meets Specification	AOAC or equivalent	P9145601
Thiamine (Vitamin B1)**	Not Less Than 0.3 mg per serving	Meets Specification	AOAC or equivalent	25-341060
Riboflavin (Vitamin B2)†	Not Less Than 0.34 mg per serving	Meets Specification	AOAC or equivalent	P9145601
Vitamin B3 (niacin & niacinamide)†	Not Less Than 4 mg per serving	Meets Specification	AOAC or equivalent	COA-2026-9149781
Vitamin B6 (pyridoxine)**	Not Less Than 0.4 mg per serving	Meets Specification	AOAC or equivalent	25-341060
Vitamin B9 (folate & folic acid)†	Not Less Than 200 mcg DFE per serving	Meets Specification	AOAC or equivalent	P9145601
Vitamin B12 (methylcobalamin & cyanocobalamin)†	Not Less Than 6 mcg per serving	Meets Specification	AOAC or equivalent	P9145601
Biotin†	Not Less Than 60 mcg per serving	Meets Specification	AOAC or equivalent	P9145601
Pantothenic Acid**	Not Less Than 2 mg per serving	Meets Specification	AOAC or equivalent	25-341060
Choline†	Not Less Than 85 mg per serving	Meets Specification	AOAC or equivalent	P9145601
Lutein†	Not Less Than 20 mg per serving	Meets Specification	AOAC or equivalent	P9145601
Zeaxanthin†	Not Less Than 4 mg per serving	Meets Specification	AOAC or equivalent	P9145601
Iron†	Not Less Than 6.3 mg per serving	Meets Specification	AOAC or equivalent	P9145601
Zinc†	Not Less Than 15 mg per serving	Meets Specification	AOAC or equivalent	P9145601
Selenium†	Not Less Than 40 mcg per serving	Meets Specification	AOAC or equivalent	P9145601
Chromium†	Not Less Than 20 mcg per serving	Meets Specification	AOAC or equivalent	P9145601
Molybdenum†	Not Less Than 35 mcg per serving	Meets Specification	AOAC or equivalent	P9145601

Iodinet	Not Less Than 120mcg per serving	Meets Specification	AOAC or equivalent	P9145601
---------	----------------------------------	---------------------	--------------------	----------

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	P9145601
Crustacean Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145601
Egg Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145601
Fish Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145601
Milk Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145601
Peanut Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9145601
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9145601
Sesame*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9145601

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

† Analysis performed on rotating schedule.

Transparency

Inspired by third-party voluntary programs across all five countries:

- We self-publish batch-specific lab test results for all products.
- We partner with leading third-party laboratories and verification providers.
- Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
Certified Labs, Tentamus, FSNS, QALITEX	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated methods	See above references



Testing conducted in accordance with Ora's 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-10322W-002
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025