



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Trust Your Gut Apple Raspberry 225g (30 Servings)
Batch / Lot No.	T26042003
Item Number:	10110 (1010)
Total Serving:	30
Serving Size:	1 Scoop (7.5g)
Label Version	1010-L02-25
Manufacture Date	02/11/2026
Expiration Date	02/2028
Review Date	5/12/2026
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Takeshi Cruz

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSVO):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 15 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	P9148540
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	P9148540
Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	P9148540
Mercury, Total	NMT 15 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	P9148540

Microbial

Parameter	Specification	Result	Method	Reference**
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	P9148540
Total Coliforms Count	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	P9148540
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	P9148540
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	P9148540
Salmonella	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	P9148540

Solvents

Solvent Residue	Specification	Result	Method	Reference**
Class 1 - 1,1,1-Trichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 1 - 1,1-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 1 - 1,2-Dichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 1 - Benzene	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 1 - Carbon Tetrachloride	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - 1,2-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - 1,2-Dimethoxyethane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - 1,4-Dioxane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Acetonitrile	NMT 50 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Chlorobenzene	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Chloroform	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Cyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Hexane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Methanol	NMT 50 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Methylbutylketone	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Methylcyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Methylene Chloride	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Nitromethane	NMT 50 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Pyridine	NMT 200 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Tetrahydrofuran	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Tetralin	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Toluene	NMT 1 ppm	Not Detected	USP <467>	P9146295

Class 2 (Mix A & B) - Trichloroethylene	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 2 (Mix A & B) - Xylene	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 3 - Ethanol	NMT 5,000 ppm	Not Detected	USP <467>	P9146295
Class 3 - Acetone	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 3 - Isopropanol	NMT 1 ppm	Not Detected	USP <467>	P9146295
Class 3 - Ethyl acetate	NMT 1 ppm	Not Detected	USP <467>	P9146295

Pesticide Screen

Pesticide	Specification	Result	Method	Reference**
Acephate	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Aldrin and dieldrin (sum of)	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Azinphos-ethyl	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Azinphos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9146295
Bromide, inorganic (calculated as bromide ion)	NMT 125 ppm	Not Detected	USP <561>	P9146295
Bromophos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Bromophos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9146295
Bromopropylate	NMT 3 ppm	Not Detected	USP <561>	P9146295
Chlordane (sum of cis-, trans-, and oxychlordane)	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Chlorfenvinphos	NMT 0.5 ppm	Not Detected	USP <561>	P9146295
Chlorpyrifos-ethyl	NMT 0.2 ppm	Not Detected	USP <561>	P9146295
Chlorpyrifos-methyl	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Chlorthal-dimethyl	NMT 0.01 ppm	Not Detected	USP <561>	P9146295
Cyfluthrin (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
λ-Cyhalothrin	NMT 1 ppm	Not Detected	USP <561>	P9146295
Cypermethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9146295
DDT (sum of o,p'-DDE, p,p'-DDE, o,p'-DDT, p,p'-DDT, o,p'-TDE, and p,p'-TDE)	NMT 1 ppm	Not Detected	USP <561>	P9146295
Deltamethrin	NMT 0.5 ppm	Not Detected	USP <561>	P9146295
Diazinon	NMT 0.5 ppm	Not Detected	USP <561>	P9146295
Dichlofluanid	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Dichlorvos	NMT 1 ppm	Not Detected	USP <561>	P9146295
Dicofol	NMT 0.5 ppm	Not Detected	USP <561>	P9146295
Dimethoate and omethoate (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Dithiocarbamates (expressed as CS ₂)	NMT 2 ppm	Not Detected	USP <561>	P9146295

Endosulfan (sum of isomers and endosulfan sulphate)	NMT 3 ppm	Not Detected	USP <561>	P9146295
Endrin	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Ethion	NMT 2 ppm	Not Detected	USP <561>	P9146295
Etrimphos	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon)	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Fenitrothion	NMT 0.5 ppm	Not Detected	USP <561>	P9146295
Fenpropathrin	NMT 0.03 ppm	Not Detected	USP <561>	P9146295
Fensulfothion (sum of fensulfothion, oxon, sulfone, and oxon sulfone)	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Fenthion (sum of fenthion and metabolites)	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Fenvalerate	NMT 1.5 ppm	Not Detected	USP <561>	P9146295
Flucythrinate	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
γ -Fluvalinate	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Fonophos	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Heptachlor (sum of heptachlor, cis- and trans-heptachlorepoxyde)	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Hexachlorbenzene	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Hexachlorocyclohexane (sum of α , β , γ , δ isomers)	NMT 0.3 ppm	Not Detected	USP <561>	P9146295
Lindane (γ -hexachlorocyclohexane)	NMT 0.6 ppm	Not Detected	USP <561>	P9146295
Malathion and malaoxon (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9146295
Mecarbam	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Methacriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Methamidophos	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Methidathion	NMT 0.2 ppm	Not Detected	USP <561>	P9146295
Methoxychlor	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Mirex	NMT 0.01 ppm	Not Detected	USP <561>	P9146295
Monocrotophos	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Parathion-ethyl and paraoxon-ethyl (sum of)	NMT 0.5 ppm	Not Detected	USP <561>	P9146295

Parathion-methyl and paraoxon-methyl (sum of)	NMT 0.2 ppm	Not Detected	USP <561>	P9146295
Pendimethalin	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Pentachloranisole	NMT 0.01 ppm	Not Detected	USP <561>	P9146295
Permethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9146295
Phosalone	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Phosmet	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Piperonyl butoxide	NMT 0.3 ppm	Not Detected	USP <561>	P9146295
Pirimiphos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Pirimiphos-methyl (sum of pirimiphos-methyl and N-desethyl-pirimiphos-methyl)	NMT 4 ppm	Not Detected	USP <561>	P9146295
Procymidone	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Profenophos	NMT 0.1 ppm	Not Detected	USP <561>	P9146295
Prothiophos	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Pyrethrum (sum of cinerin I/II, jasmolin I/II, pyrethrin I/II)	NMT 3 ppm	Not Detected	USP <561>	P9146295
Quinalphos	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Quintozene (sum of quintozene, pentachloraniline, methyl pentachlorophenyl sulfide)	NMT 1 ppm	Not Detected	USP <561>	P9146295
S-421	NMT 0.02 ppm	Not Detected	USP <561>	P9146295
Tecnazene	NMT 0.05 ppm	Not Detected	USP <561>	P9146295
Tetradifon	NMT 0.3 ppm	Not Detected	USP <561>	P9146295
Vinclozolin	NMT 0.4 ppm	Not Detected	USP <561>	P9146295

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf-Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Probiotic Viable Count	Not Less Than 20 billion CFU per serving	Meets Specification	AOAC or equivalent	P9148451

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	P9146295
Crustacean Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146295
Egg Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146295
Fish Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146295
Milk Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146295
Peanut Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	P9146295
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9146295
Sesame*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	P9146295

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

† Analysis performed on rotating schedule.

Transparency

Inspired by third-party voluntary programs across all five countries:

- We self-publish batch-specific lab test results for all products.
- We partner with leading third-party laboratories and verification providers.

- Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
Certified Labs, Tentamus, FSNS	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated methods	See above references



Testing conducted in accordance with Ora's 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-10110W-002
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025