



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Trust Your Gut Daily Essential Capsules 60ct (30 serving)
Batch / Lot No.	T26166003
Item Number:	10109 (1000)
Total Serving:	30
Serving Size:	2 Capsules
Label Version	1000-L03-25
Manufacture Date	6/15/2026
BEST if used by Date	6/2028
Review Date	7/16/2026
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Takeshi Cruz

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSVO):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 15 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
Mercury, Total	NMT 15.0 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441

Microbial

Parameter	Specification	Result	Method	Reference**
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
Total Coliforms Count	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441
Salmonella	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	COA-2026-9149441

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Inulin*	NLT 625mg per serving	Meets Specification	AOAC, USP, or equivalent	237677
Probiotic Viable Count	NLT 16 billion CFU/Serv	Meets Specification	AOAC, USP, or equivalent	P9148834

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	AFSG231031-009
Crustacean Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	AFSG231031-009
Egg Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	AFSG231031-009
Fish Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	AFSG231031-009
Milk Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	AFSG231031-009
Peanut Allergen*	Not Detected / NMT 2.5ppm	Meets Specification	ELISA, or equivalent	AFSG231031-009
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	AFSG231031-009

Remarks:
* Analysis performed on an annual basis.
**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

Transparency

- Inspired by third-party voluntary programs across all five countries:
- We self-publish batch-specific lab test results for all products.
 - We partner with leading third-party laboratories and verification providers.
 - Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
Qalitex, Venture, FSNS	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated methods	See above references



Testing conducted in accordance with Ora's 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-10109W-002
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025