



CERTIFICATE OF ANALYSIS

Verified in accordance with the 5 Nation Standard™

Batch Information

Product Name	Trust Your Gut High Potency 60ct (30 servings)
Batch / Lot No.	260623A
Item Number:	10219
Total Serving:	30
Serving Size:	2 capsules
Label Version	10219-L03-25
Manufacture Date	06/23/2026
Best if used by Date	06/2028
Review Date	07/31/2026
Tested by	Independent ISO 17025-Certified Laboratories
Verified by	Takeshi Cruz

Purity

Tested for contaminants, heavy metals, and pesticides using validated international methods. Inspired by the U.S. (USP, AOAC), Germany (BfR & BVL), Switzerland (Swissmedic, FSV):

Heavy Metals

Parameter	Specification	Result	Method	Reference**
Arsenic, Inorganic	NMT 15 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	TR-260723-E05-01
Lead	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	TR-260723-E05-01

Cadmium	NMT 5 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	TR-260723-E05-01
Mercury, Total	NMT 15 µg per daily serving	Meets Specification	AOAC, USP, or equivalent	TR-260723-E05-01

Microbial

Parameter	Specification	Result	Method	Reference**
Yeast and Mold Counts	NMT 1,000 CFU/g	Meets Specification	AOAC, USP, or equivalent	TR-260721-E05-10
Total Coliforms Count	NMT 100 CFU/g	Meets Specification	AOAC, USP, or equivalent	TR-260721-E05-10
E.Coli	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	TR-260721-E05-10
Staphylococcus Aureus	Absent in 10g	Meets Specification	AOAC, USP, or equivalent	TR-260721-E05-10
Salmonella	Absent in 25g	Meets Specification	AOAC, USP, or equivalent	TR-260721-E05-10

Solvents

Solvent Residue	Specification	Result	Method	Reference**
Class 1 - 1,1,1-Trichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 1 - 1,1-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 1 - 1,2-Dichloroethane	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 1 - Benzene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 1 - Carbon Tetrachloride	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - 1,2-Dichloroethene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - 1,2-Dimethoxyethane	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - 1,4-Dioxane	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Acetonitrile	NMT 50 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Chlorobenzene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Chloroform	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Cyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) -	NMT 1 ppm	Not Detected	USP <467>	P9145603

Hexane				
Class 2 (Mix A & B) - Methanol	NMT 50 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Methylbutylketone	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Methylcyclohexane	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Methylene Chloride	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Nitromethane	NMT 50 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Pyridine	NMT 200 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Tetrahydrofuran	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Tetralin	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Toluene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Trichloroethylene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 2 (Mix A & B) - Xylene	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 3 - Ethanol	NMT 5,000 ppm	Not Detected	USP <467>	P9145603
Class 3 - Acetone	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 3 - Isopropanol	NMT 1 ppm	Not Detected	USP <467>	P9145603
Class 3 - Ethyl acetate	NMT 1 ppm	Not Detected	USP <467>	P9145603

Pesticide Screen

Pesticide	Specification	Result	Method	Reference**
Acephate	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Aldrin and dieldrin (sum of)	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Azinphos-ethyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Azinphos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145603
Bromide, inorganic (calculated as bromide ion)	NMT 125 ppm	Not Detected	USP <561>	P9145603
Bromophos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Bromophos-methyl	NMT 1 ppm	Not Detected	USP <561>	P9145603

Bromopropylate	NMT 3 ppm	Not Detected	USP <561>	P9145603
Chlordane (sum of cis-, trans-, and oxychlordane)	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Chlorfenvinphos	NMT 0.5 ppm	Not Detected	USP <561>	P9145603
Chlorpyriphos-ethyl	NMT 0.2 ppm	Not Detected	USP <561>	P9145603
Chlorpyriphos-methyl	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Chlorthal-dimethyl	NMT 0.01 ppm	Not Detected	USP <561>	P9145603
Cyfluthrin (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
λ-Cyhalothrin	NMT 1 ppm	Not Detected	USP <561>	P9145603
Cypermethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145603
DDT (sum of o,p'-DDE, p,p'-DDE, o,p'-DDT, p,p'-DDT, o,p'-TDE, and p,p'-TDE)	NMT 1 ppm	Not Detected	USP <561>	P9145603
Deltamethrin	NMT 0.5 ppm	Not Detected	USP <561>	P9145603
Diazinon	NMT 0.5 ppm	Not Detected	USP <561>	P9145603
Dichlofluanid	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Dichlorvos	NMT 1 ppm	Not Detected	USP <561>	P9145603
Dicofol	NMT 0.5 ppm	Not Detected	USP <561>	P9145603
Dimethoate and omethoate (sum of)	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Dithiocarbamates (expressed as CS ₂)	NMT 2 ppm	Not Detected	USP <561>	P9145603
Endosulfan (sum of isomers and endosulfan sulphate)	NMT 3 ppm	Not Detected	USP <561>	P9145603
Endrin	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Ethion	NMT 2 ppm	Not Detected	USP <561>	P9145603
Etrimphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Fenchlorophos (sum of fenchlorophos and fenchlorophos-oxon)	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Fenitrothion	NMT 0.5 ppm	Not Detected	USP <561>	P9145603
Fenpropathrin	NMT 0.03 ppm	Not Detected	USP <561>	P9145603
Fensulfothion (sum of	NMT 0.05 ppm	Not Detected	USP <561>	P9145603

fensulfothion, oxon, sulfone, and oxon sulfone)				
Fenthion (sum of fenthion and metabolites)	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Fenvalerate	NMT 1.5 ppm	Not Detected	USP <561>	P9145603
Flucythrinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
γ -Fluvalinate	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Fonophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Heptachlor (sum of heptachlor, cis- and trans-heptachlorepoxyde)	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Hexachlorbenzene	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Hexachlorocyclohexane (sum of α , β , γ , δ isomers)	NMT 0.3 ppm	Not Detected	USP <561>	P9145603
Lindane (γ -hexachlorocyclohexane)	NMT 0.6 ppm	Not Detected	USP <561>	P9145603
Malathion and malaoxon (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145603
Mecarbam	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Methacriphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Methamidophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Methidathion	NMT 0.2 ppm	Not Detected	USP <561>	P9145603
Methoxychlor	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Mirex	NMT 0.01 ppm	Not Detected	USP <561>	P9145603
Monocrotophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Parathion-ethyl and paraoxon-ethyl (sum of)	NMT 0.5 ppm	Not Detected	USP <561>	P9145603
Parathion-methyl and paraoxon-methyl (sum of)	NMT 0.2 ppm	Not Detected	USP <561>	P9145603
Pendimethalin	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Pentachloranisole	NMT 0.01 ppm	Not Detected	USP <561>	P9145603
Permethrin and isomers (sum of)	NMT 1 ppm	Not Detected	USP <561>	P9145603
Phosalone	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Phosmet	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Piperonyl butoxide	NMT 0.3 ppm	Not Detected	USP <561>	P9145603
Pirimiphos-ethyl	NMT 0.05 ppm	Not Detected	USP <561>	P9145603

Pirimiphos-methyl (sum of pirimiphos-methyl and N-desethyl-pirimiphos-methyl)	NMT 4 ppm	Not Detected	USP <561>	P9145603
Procymidone	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Profenophos	NMT 0.1 ppm	Not Detected	USP <561>	P9145603
Prothiophos	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Pyrethrum (sum of cinerin I/II, jasmolin I/II, pyrethrin I/II)	NMT 3 ppm	Not Detected	USP <561>	P9145603
Quinalphos	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Quintozene (sum of quintozene, pentachloraniline, methyl pentachlorophenyl sulfide)	NMT 1 ppm	Not Detected	USP <561>	P9145603
S-421	NMT 0.02 ppm	Not Detected	USP <561>	P9145603
Tecnazene	NMT 0.05 ppm	Not Detected	USP <561>	P9145603
Tetradifon	NMT 0.3 ppm	Not Detected	USP <561>	P9145603
Vinclozolin	NMT 0.4 ppm	Not Detected	USP <561>	P9145603

Strength

Inspired by the U.S.A.'s FDA requirements and Japan's strict label accuracy policies.

We test every production batch to make sure active ingredient strength matches our label claim.

- Many countries and brands allow rounding rules or under-formulation amounts of nutrients; Ora requires a 100% label claim throughout shelf life. Often, our products are formulated with intentional nutritional overages.
- We justify every expiration date with real data — what we call Shelf-Life Justification.

Nutritional Information

Parameter	Specification	Result (per serving)	Method	Reference**
Probiotic Viable Count	Not Less Than 52 billion CFU per serving	Meets Specification	Standard Method/Manufacturer's Method	26072546
Total Carbohydrate*	Not Less Than 0.8g per serving	Meets Specification	AOAC or equivalent	TR-260723-E05-01
Dietary Fiber*	Not Less Than 0.5g per serving	Meets Specification	AOAC or equivalent	TR-260723-E05-01

Safety

Inspired by GRAS (Generally Recognized as Safe) regulations in the U.S. and strict allergen labeling laws in Japan

- All ingredients are either GRAS a.k.a. generally recognised as safe, self-affirmed GRAS, or approved under New Dietary Ingredient (NDI) pathways.
- We label major allergens clearly.
- No banned substances, and we avoid excipient ingredients (like fillers and additives) that aren't needed

Allergens

Parameter	Specification	Result (per serving)	Method	Reference**
Gluten Allergen*	NMT 20ppm	Meets Specification	EZ Gluten or equivalent	11910
Crustacean Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Egg Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Fish Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Milk Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Peanut Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Soy Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Tree Nut Allergen*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910
Sesame*	Not Detected / NMT 5ppm	Meets Specification	ELISA, or equivalent	11910

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State-certified and/or ISO accredited third-party laboratories.

† Analysis performed on rotating schedule.

Transparency

Inspired by third-party voluntary programs across all five countries:

- We self-publish batch-specific lab test results for all products.
- We partner with leading third-party laboratories and verification providers.
- Our product standards and testing methods are documented and openly shared.

Laboratory	Accreditation	Method Reference	Report ID
iLab, Swift Laboratories, Qalitex	ISO 17025	Testing performed in accordance with AOAC, USP, FCC, and ISO-validated	See above references

		methods	
--	--	---------	--



Testing conducted in accordance with Ora’s 5 Nation Standard™ — integrating analytical requirements and safety thresholds from Switzerland, Japan, Germany, New Zealand, and the United States.

All results are verified by ISO 17025 accredited third-party laboratories.

QC#	ORA-10219W-002
Approved by:	G. Wong
Version	2.00
Updated	November 3, 2025